

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): **March 3, 2008 (February 28, 2008)**

Vanguard Natural Resources, LLC

(Exact name of registrant as specified in its charter)

DELAWARE
(State or other jurisdiction
of incorporation)

001-33756
(Commission
File Number)

61-1521161
(IRS Employer
Identification No.)

7700 San Felipe, Suite 485
Houston, Texas 77063
(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code **(832) 327-2255**

(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 5.02 Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

On February 28, 2008, the Board of Directors of Vanguard Natural Resources, LLC (the "Board") elected John R. McGoldrick, Loren Singletary and Bruce W. McCullough to the Board as independent directors.

Mr. McGoldrick will be Chairman of the Compensation Committee and a member of the Nominating and Governance, and Conflicts Committees. Mr. Singletary will be Chairman of the Conflicts Committee and a member of the Audit and Compensation Committees. Mr. McCullough will be Chairman of the Nominating and Governance Committee and a member of the Audit and Compensation committees.

There was no arrangement or understanding between Mr. McGoldrick, Mr. Singletary or Mr. McCullough and any other persons pursuant to which he was selected as a Director. There are no relationships between Mr. McGoldrick, Mr. Singletary or Mr. McCullough and the Company or its subsidiaries that would require disclosure pursuant to Item 404(a) of Regulation S-K.

Item 7.01 Regulation FD Material.

On March 3, 2008, the Company issued a press release announcing the election of the new independent directors, a copy of which is filed as Exhibit 99.1 hereto and incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

EXHIBIT NUMBER	DESCRIPTION
Exhibit 99.1	Press Release dated March 3, 2008

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VANGUARD NATURAL RESOURCES, LLC

By: /s/ Scott W. Smith

Name: Scott W. Smith

Title: President and Chief Executive Officer

March 3, 2008

EXHIBIT INDEX

EXHIBIT NUMBER	DESCRIPTION
99.1	Press Release dated March 3, 2008

Vanguard Natural Resources, LLC Announces Additions to Its Board of Directors

HOUSTON--(BUSINESS WIRE)--Vanguard Natural Resources, LLC (NYSE Arca:VNR)(the "Company") today announced that its Board of Directors (the "Board") has, effective as of February 28, 2008, elected John R. McGoldrick, Loren Singletary and Bruce W. McCullough to the Board as independent directors.

Scott W. Smith, President and Chief Executive Officer, commented, "We are pleased to welcome these proven oil and gas executives to the Board as independent directors. Their combined experience of over sixty years in the upstream exploration and production sector is a great resource for our Company and we look forward to their contributions going forward."

Following is a brief biography of each new board member.

John R. McGoldrick is currently a director and Executive Chairman of Caza Oil & Gas, Inc., a public company listed on the AIM and Toronto stock exchange. Prior to his current position, he was President of Falcon Bay Energy LLC, an independent oil and gas company with operations in Texas and South Louisiana. Prior to that, Mr. McGoldrick was employed by Enterprise Oil plc in a number of senior management positions, including President of Enterprise Oil Gulf of Mexico Inc. from August 2000 to October 2002.

Mr. McGoldrick will be Chairman of the Compensation Committee and a member of the Nominating and Governance, and Conflicts Committees.

Loren Singletary is currently Vice President of Global Corporate Accounts for National Oilwell Varco (NYSE: NOV), a 24 billion dollar market cap oilfield service company. Prior to his current position, Mr. Singletary was a founder and President of LSI Interests, Ltd., an oilfield service company that was acquired by National Oilwell in 2003. In addition to his vast experience in the oilfield service sector, Mr. Singletary has also been involved in the upstream E&P sector, both onshore and offshore, as a private investor for the past 20 years.

Mr. Singletary will be Chairman of the Conflicts Committee and a member of the Audit and Compensation Committees.

Bruce W. McCullough is currently President and Chief Executive Officer of Huntingdon Energy Corp., an independent exploration and production company that, since 1986, has been involved in exploration and production activities in the Appalachian basin, East Texas, Mid-Continent and the Gulf Coast. Prior to forming Huntingdon, Mr. McCullough held senior management positions with Pool Offshore, a Houston-based oil field service company.

Mr. McCullough will be Chairman of the Nominating and Governance Committee and a member of the Audit and Compensation committees.

Vanguard Natural Resources, LLC is a publicly-traded partnership focused on acquiring, producing and developing oil and natural gas properties.

Forward-Looking Statements

Certain of the statements included in this press release, which express a belief, expectation or intention, as well as those regarding future financial performance or results, or which are not historical facts, are "forward-looking" statements as that term is defined in the Securities Act of 1933, as amended, and the Securities Exchange Act of 1934, as amended. The words "expect," "plan," "believe," "anticipate," "project," "estimate," and similar expressions are intended to identify forward-looking statements. These forward-looking statements are not guarantees of future performance or events and such statements involve a number of risks, uncertainties and assumptions, including but not limited to industry conditions, prices of crude oil and natural gas, regulatory changes, general economic conditions, interest rates, competition, and other factors. Should one or more of these risks or uncertainties materialize or should the underlying assumptions prove incorrect, actual results and outcomes may differ materially from those indicated in the forward-looking statements. Readers are cautioned not to place undue reliance on these forward-looking statements, which speak only as of the date hereof. The Company undertakes no obligation to republish revised forward-looking statements to reflect events or circumstances after the date hereof or to reflect the occurrence of unanticipated events.

CONTACT:

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Investor Relations

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